

LEADERSHIP MASTER CLASSES

Due to popular demand, we are continuing to bring you our leadership master classes. Our leadership master classes give you the tools and tactics to lead at your best. Vicki Webster is an author, public speaker, facilitator and organisational psychologist, with over 15 years consulting experience, working with individuals, teams, and organisations across a range of industries, including healthcare, aged care, community services, financial services, mining, government, and education.

Vicki delivers interactive, informative presentations that communicate clear and unambiguous messages and challenge the status quo, providing practical strategies to enhance effectiveness through embracing new mindsets and engaging in behavioural change.

LEADING HIGH PERFORMANCE TEAMS: BEATING THE FIVE DYSFUNCTIONS OF A TEAM.

Are you getting the most out of your team? This practical session guides you through the Five Dysfunctions of a Team model by Patrick Lencioni, outlining the five key fundamentals to teamwork. Practical strategies will be provided on how to build a team environment of trust and positive conflict that allows for robust debate, commitment and accountability, with a strong focus on team results.

If you would like to know how to effectively lead a highly functioning team, this workshop is for you!

Thursday 19th August 9am - 12:30pm

Cost: \$105pp

Venue: Lomandra FCAC

Provider: Vicki Webster, Inclusive Leaders

LEADER AS COACH: ENGAGE, EMPOWER, ENABLE

It is so easy to jump into problem-solving mode! Learn practical tools and tactics to help you resist "telling"; to engage, enable and empower your staff through effective coaching.

Thursday 19th August 1 - 4:30pm

Cost: \$105pp

Venue: Lomandra FCAC

Provider: Vicki Webster, Inclusive Leaders

If you attend both workshops, you will receive a 70% discount. Lunch is provided.

INTRODUCTION TO FOOD HYGIENE AND PRACTICES

Whether you are a hospitality business, community organisation or volunteer, it is everyone's responsibility to keep people safe when preparing and serving food. The CEC is proud to be partnering with the Queensland Health Public Health Unit to provide you with information on what to do to develop and practice safe food practices in your organisation.

Wednesday 23rd August (one session) 5:30 - 7:30pm

Cost: Free

Venue: Coolibah Library, Level 1, FCAC

Provider: Kylie Brown, Senior Environmental Health Officer, Public Health Unit, GHealth

KONNICHWA JAPAN LOVERS LEVEL 1

Dreaming of a visit to Japan? This course will take you on a cultural journey as well as providing the opportunity to learn conversational Japanese.

Monday (commencing 17th July) 5:30 - 7pm

Cost: \$90pp (8 weeks)

Venue: Lomandra FCAC

Provider: Miho San

KONNICHWA JAPAN LOVERS LEVEL 2

Looking to improve and build on your skills? This course is for you. Take your love of all things Japanese to another level.

Tuesday (commencing 18th July) 5:30 - 7pm

Cost: \$90pp (8 weeks)

Venue: Lomandra FCAC

Provider: Miho San

CONVERSATIONAL JAPANESE - PRE-ADVANCED WORKSHOP

This pre-advanced workshop will see you joining others who love the Japanese language to converse, improve skills and have fun.

Monday (commencing 16th August - other dates to be advised)

5:30 - 7pm

Cost: \$90pp (4 weeks)

Venue: Lomandra FCAC

Provider: Miho San

WHAT'S IN MY WARDROBE

Are you tired of not being in control of your wardrobe? Unsure of how to piece things together or what even suits you? It's OK, help is here. This workshop is fun and interactive. Bring along anything in your wardrobe that you're unsure of and let's get busy. It will change your life.

Saturday 19th August 11 - 4pm

Cost: \$60 (incl Style Me 101 Pack and Gift)

Venue: Coolibah Library, Level 1, FCAC

Provider: Sotik-Sahna, Founder, Open City Expresso, Sessions, Style

TEACHING YOUR LEARNER DRIVER

Do you have a learner driver in the house and are wondering how you are going to survive those 120 hours? From highway driving, managing roundabouts and reacting in an emergency, this course will assist you to teach your learner driver all that they need to stay safe on the road.

Tuesday 22nd August 5:30 - 7:30pm

Cost: \$25pp (one session)

Venue: Coolibah Library, Level 1, FCAC

Provider: Brendan Becker (Qualified Driving Instructor)

ITALIAN FOR BEGINNERS

This popular class is well suited for those who are planning to cross a trip to Italy of their bucket list. You will learn all you need to know to get you around this beautiful country.

Monday (commencing 17th July) 5:30 - 7pm

Cost: \$105 (8 weeks)

Venue: Lomandra FCAC

Provider: Mara Tarina, Villa Cavour

SPANISH FOR BEGINNERS

A must for those planning a trip to wonderful places in the world like South America, Spain and Mexico. Learn this beautiful language so you can impress the locals.

Wednesday (commencing 18th July) 4:30 - 5:30pm

Cost: \$105 (8 weeks)

Venue: Lomandra FCAC

Provider: Paola Lopez

SPANISH LEVEL 2

Take your knowledge of this wonderful course to the next level.

Tuesday (commencing 18th July) 4:30 - 5:30pm

Cost: \$150 (8 weeks)

Venue: Lomandra FCAC

Provider: Paola Lopez

CREATING WITH MIXED MEDIA

You will only be limited by your imagination as you create your own masterpiece using a variety of mixed mediums in this wonderful class.

Monday (commencing 17th July) 5:30 - 7:30pm

Cost: \$150 (including materials) 8 weeks

Venue: Sandburtoles, FCAC

Provider: Di Whelan

NEVER TOO LATE - INSTRUMENTAL MUSIC PROGRAM

It is never too late to learn to play your favourite instrument. Tuition available in piano, guitar, cello, violin and many more.

Time and day by mutual arrangement with music tutor

Cost: \$20 per 1/2 hour one on one lesson

Venue: Alameda FCAC (behind FCAC Admin)

Coordinator: Janet Alloway

MASTER THE CHINESE LANGUAGE - BEGINNERS CLASSES

Master the exotic language in this beginners course and be prepared to fulfil that dream of a visit to this wonderful country.

Wednesday (commencing 19th July) 5:30 - 7pm

Cost: \$150 (8 weeks)

Venue: Lomandra FCAC

Provider: Janet Lu

RAISE YOUR GLASS TO WINE APPRECIATION

Participants will enjoy an overview of all things wine, while developing a knowledge of Australian wines through tasting quality samples.

Thursday (commencing 27th July) 6:30 - 8pm

Venue: Macademia, FCAC

Cost: \$140 (incl wine and nibbles), 7 weeks

Provider: Tony Russell

CPR AWARENESS AND BASIC FIRST AID

This workshop will provide you with the basics on how to perform CPR and answer your first aid questions.

Tuesday 2nd August 8 - 7pm

Cost: Free (one session)

Venue: Coolibah Library, Level 1, FCAC

Provider: Bradley Morgan