

### LEADERSHIP MASTER CLASSES

Due to popular demand, we are advertising our Leadership Master Classes now for 2018. Our leadership master classes give you the tools and tactics to lead at your best. Vicki Webster is an author, public speaker, facilitator and organisational psychologist, with over fifteen years consulting experience, working with individuals, teams, and organisations across a range of industries, including healthcare, aged care, community services, financial services, mining, government, and education. Vicki delivers interactive, informative presentations that communicate clear and unambiguous messages and challenge the status quo, providing practical strategies to enhance effectiveness through embracing new mindsets and engaging in behavioural change.

### LEADING HIGH PERFORMANCE TEAMS:

#### BEATING THE FIVE DYSFUNCTIONS OF A TEAM.

Are you getting the most out of your team? This practical session guides you through the Five Dysfunctions of a Team model by Patrick Lencioni, outlining the five key fundamentals to teamwork. Practical strategies will be provided on how to build a team environment of trust and positive conflict that allows for robust debate, commitment and accountability, with a strong focus on team results. If you would like to know how to effectively lead a highly functioning team, this workshop is for you!

Saturday 10th February 2018 9am-12:30pm

Cost: \$105pp.

Venue: Lomandra FCAC

Provider: Vicki Webster, Incisive Leaders.

#### LEADER AS COACH: ENGAGE, EMPOWER, ENABLE

It is so easy to jump into problem-solving mode! Learn practical tools and tactics to help you resist 'telling'; to engage, enable and empower your staff through effective coaching.

Saturday 10th February 2018 1-4.30pm

Cost: \$105pp

Venue: Lomandra FCAC

Provider: Vicki Webster, Incisive Leaders.

If you attend both workshops, you will receive a 10% discount. Lunch is provided.

### KONNACHIWA JAPAN LOVERS LEVEL 1

Dreaming of a visit to Japan? This course will take you on a cultural journey as well as providing the opportunity to learn conversational Japanese.

Monday (commencing 29th January) 5.30-7pm

Cost: \$100pp (5 weeks)

Venue: Lomandra FCAC

Provider: Miho Nagai

### KONNACHIWA JAPAN LOVERS LEVEL 2

Looking to improve and build on your skills? This course is for you. Take your love of all things Japanese to another level.

Tuesday (commencing 30th January) 5.30-7pm

Cost: \$150pp (8 weeks)

Venue: Lomandra FCAC

Provider: Miho Nagai

### WHAT'S IN MY WARDROBE

Are you tired of not being in control of your wardrobe? Unsure of how to piece things together or what even suits you? It's OK, help is here. This workshop is fun and interactive. Bring along anything in your wardrobe that you're unsure of and let's get busy. It will change your life.

Saturday 24th February 2-5pm

Cost: \$90 incl Style Me 101 Pack and Gift

Venue: Coolibah Library, Level 1, FCAC

Provider: Sotik-Sahna, Founder, Open City Espresso, Sessions, Style

### TEACHING YOUR LEARNER DRIVER

Do you have a learner driver in the house and are wondering how you are going to survive those 100 hours? From highway driving, to managing roundabouts and reacting in an emergency, this course will assist you to teach your learner driver all that they need to stay safe on the road.

Tuesday 13th March 5.30-7.30pm

Cost: \$20pp (one session)

Venue: Level 1 Coolibah Library, Level 1, FCAC,

Provider: Brendan Becker (Qualified Driving Instructor)

### ITALIAN FOR BEGINNERS

This popular class is well suited for those who are planning to cross a trip to Italy off their bucket list. You will learn all you need to know to get you around this beautiful country.

Monday (commencing 29th January) 5.30-7pm

Cost: \$150 (8 weeks)

Venue: Lomandra, FCAC

Provider: Mara Turina, Villa Cavour

### PAINTING WITH ACRYLICS

Bring out your creative side. This course balances the theory with the practical to show you how. Suitable for beginners or those with some experience.

Wednesday (commencing 7th February) 5:30-7:30pm

Cost \$140 pp (6 weeks)

Venue: Xanthorrhoea FCAC

Provider: Anthony Lewis

### SPANISH FOR BEGINNERS

A must for those planning a trip to wonderful places in the world like South America, Spain and Mexico. Learn this beautiful language so you can impress the locals.

Wednesday (commencing 31st January) 4.30-5.30pm

Cost: \$100 (8 weeks)

Venue: Lomandra FCAC

Provider: Cecilia Chavez

### SPANISH LEVEL 2 – ELEMENTARY AND LOWER INTERMEDIATE

Take your knowledge of this wonderful course to the next level.

Tuesday (commencing 30th January) 4.30-5.30pm

Cost: \$100 (8 weeks)

Venue: Lomandra FCAC

Provider: Paola Lizares

### CREATING WITH MIXED MEDIA

You will only be limited by your imagination as you create your own masterpiece using a variety of mixed mediums in this wonderful class.

Monday (commencing 5th February) 5.30-7.30pm

Cost: \$150 (including materials) 6 weeks

Venue: Xanthorrhoea FCAC

Provider: Di Whelan

### NEVER TOO LATE – INSTRUMENTAL MUSIC PROGRAM

It is never too late to learn to play your favourite instrument. Tuition available in piano, guitar, cello, violin and many more.

Time and day by mutual arrangement with music tutor.

Cost: \$33 per ½ hour one on one lesson

Venue: Allamanda FCAC (behind FCAC Admin)

Coordinator: Ian Slater

### MASTER THE CHINESE LANGUAGE - BEGINNERS CLASSES

Master this exotic language in this beginners course and be prepared to fulfil that dream of a visit to this wonderful country.

Wednesday (commencing 31st January) 5.30-7pm

Cost: \$150 (8 weeks)

Venue: Lomandra FCAC

Provider: Janet Lu

### RAISE YOUR GLASS TO WINE APPRECIATION

Participants will enjoy an overview of all things wine, while developing a knowledge of Australian wines through tasting quality samples.

Thursday (commencing 8th February) 6-7.30pm

Venue: Macadamia FCAC

Cost: \$150 (incl wine and nibbles, 6 weeks)

Provider: Tony Russell

### CREATIVE CARD MAKING

You will learn how to create beautiful cards for all occasions in this class. Surprise your loved ones and friends with a unique gift made by you.

Monday (commencing 5th February) 5.30-7pm

Venue: Macadamia FCAC

Cost: \$120 (incl materials, 6 weeks)

Provider: Chris McAnally

### NDIS AND OCCUPATIONAL THERAPY

A workshop on how to understand and maximise Occupational Therapy in preparedness for the NDIS rollout on the Fraser Coast. A local Occupational Therapist will be present to assist with any queries.

Tuesday 6th February 5:30-7:30pm

Cost: Free

Venue: Coolibah Library, Level 1, FCAC

Presenter: Community Lifestyles Agency - Jess Lane

### NDIS AND SPEECH AND LANGUAGE PATHOLOGY

A workshop on how to understand and maximise Speech and Language Pathology in preparedness for the NDIS rollout on the Fraser Coast. A local Speech and Language pathologist will be present to assist with any queries.

Tuesday 20th February 5:30-7:30pm

Cost: Free

Venue: Coolibah Library, Level 1, FCAC

Presenter: Community Lifestyles Agency - Jess Lane

### NDIS AND HOUSING OPTIONS

A workshop on how to understand and plan for housing options in preparedness for the NDIS rollout on the Fraser Coast. A NDIS Housing Specialist will be present to assist with any queries.

Thursday 8th March 5:30-7:30pm

Cost: Free

Venue: Coolibah Library, Level 1, FCAC

Presenter: Community Lifestyles Agency - Jess Lane

### NDIS TERMINOLOGY AND GOAL WRITING

A workshop on understanding the NDIS terminology and acronyms as well as Goal definition and structure to prepare for the NDIS rollout on the Fraser Coast. All resources supplied

Thursday 1st March 5:30-7:30pm

Cost: Free

Venue: Coolibah Library, Level 1, FCAC

Presenter: Community Lifestyles Agency - Jess Lane