



FRASER COAST
ANGELICAN COLLEGE

Canteen Menu
Primary School
2022

Enriching Body, Mind & Spirit

Volunteers

In order to provide our college community with in-house cooked nutritional and affordable meals we rely upon the assistance of **Volunteers**, we are always in need of more members of our community to volunteer their time (even for an hour or two in the morning). Our volunteers play an important role in our cafeteria, we appreciate any assistance offered and would like to invite anyone who may be interested to pop into the cafeteria for a chat or to telephone the cafeteria on 07 4197 9303. Enquiries may also be made at reception or via email at admin@fcac.qld.edu.au .

Lunch Orders (There may be times throughout the year where stock is unavailable and we will do our best to substitute.)

All Primary School Orders are processed by using the paper bag system.

Orders are written out at home by parents/caregivers and placed in the appropriate lunch box in each classroom.

Orders must be received by the canteen no later than **9am** each morning. **Gluten** free options are available.

Instructions

- Students' will need **separate** paper bags for "**first break**" and "**second break**" orders.
- Please label each bag with: - Student Name
Class
First or Second Break
Menu Selection and;
Payment type.
- **Do not** use staples or sticky tape on bags as this can tear and weaken the bag. The student's order is placed into these bags for collection.
- Student orders are to be placed in the canteen boxes in classrooms at the beginning of each day for delivery to the canteen before **9am**.
- Paper bags may be purchased at most supermarkets. You may also include an extra 10c with your order and the canteen will provide a paper bag.

Example of Canteen Ordering



Primary Menu 2022



Fresh Fruit and Salads

Piece of Seasonal Fruit	G/F V	\$ 1.50
Watermelon Tub	G/F V	\$ 4.00
Fruit Salad Tub	G/F V	\$ 4.50
Salad Bowl (No Meat)	G/F V	\$ 6.00
Meat and Salad Bowl	G/F	\$ 7.00

Sandwiches

Vegemite or Jam	V	\$ 2.50
Cheese, Egg or Ham		\$ 3.00
Ham and Cheese		\$ 3.80
Ham, Cheese and Tomato		\$ 4.00
Egg and Lettuce	V	\$ 3.80
Chicken & Cheese		\$ 4.20
Toasting of Sandwich		\$ 0.50

(Sandwiches will be on Wholemeal, Multi Grain or White bread unless specified on your order)

Wraps

½ Chicken/Ham and Salad Wrap	\$ 2.80
Chicken/Ham and Salad Wrap	\$ 5.50

Treats and Cakes

Assorted Potato Chips (27gm)	\$ 1.50
Popcorn	\$ 1.20
Home Baked Cookie	\$ 1.40
Home Baked Fruit Muffin	\$ 2.00
Hot Snack Apple Pie	\$ 2.50
Gingerbread	\$ 2.00
Snack Pack-Cheese, Carrot, Dip & Crackers	V G/F \$ 4.50

Paper Bags \$ 0.10

Hot Food

Chicken Crackles (5) 70 cents each	\$ 3.50
Dim Sim & Soy Sauce (each)	\$ 1.30
Garlic Bread	\$ 1.50
Small Pasta Bolognese / Carbonara	\$ 4.00
½ Hot Dog with Sauce	\$ 1.80
Hot Dog with Sauce	\$ 3.50
Chicken burger	\$ 5.50
Junior Burger	\$ 4.50
Lite Beef Pie	\$ 4.50
Lite Mini Beef Pie (each)	\$ 1.20
Lite Sausage Roll	\$ 3.50
Mini Ham & Pineapple Pizza	\$ 3.50
Spinach & Fetta Roll	V \$ 4.50
Sauce Sachet	.50

Drinks

100% Popper Juice	\$ 2.00
600ml Water	\$ 2.00
300ml Full Cream Milk	\$ 2.00
300ml Flavoured Milk	\$ 3.00
Juice Bomb {various flavours}	\$ 3.00

Ice Creams (LUNCH 2 ONLY)

Zooper Doopers	.50
Jelly \$1.00 with Custard	\$ 1.50
Frozen Yoghurt	\$ 2.50
Lemonade Icy Twist	\$ 1.50
Vanilla Ice Cream Tub	G/F \$ 1.50
Mini Calippo	\$ 1.00
Paddle Pop Ice Cream	\$ 2.00

Monday Special

**Mexican
Beef
Burrito**

\$5.00

Toastie Tuesday

Ham / Cheese
Chicken / Cheese
Cheese/Tomato **V**

\$4.00

Wednesday

Sushi

\$4.00

G/F

Thursday Special

Beef & Bacon
Burger
Wedges

\$6.00

\$3.50

Friday Special

Toasted Wraps

Chili Chicken
BBQ Pork
Roast
Vegetable

\$5.00

