



FRASER COAST  
ANGELICAN COLLEGE

Canteen Menu  
Primary School  
2023

*Enriching Body, Mind & Spirit*

# Volunteers

In order to provide our college community with in-house cooked nutritional and affordable meals we rely upon the assistance of Volunteers, we are always in need of more members of our community to volunteer their time (even for an hour or two in the morning). Our volunteers play an important role in our cafeteria, we appreciate any assistance offered and would like to invite anyone who may be interested to pop into the cafeteria for a chat or to telephone the cafeteria on 07 4197 9303. Enquiries may also be made at reception or via email at [admin@fcac.qld.edu.au](mailto:admin@fcac.qld.edu.au) .

## Lunch Orders (There may be times throughout the year where stock is unavailable and we will do our best to substitute.)

### INSTRUCTIONS

All Canteen orders this year can be done online through the MSA Online Ordering System. This was introduced into the College in the latter part of 2022 and we are hoping everyone will be able to access and navigate their way around MSA without too much trouble.

The College App has the step-by-step guide for you to access your MSA account and to place lunch orders. If there are any problems please contact the IT Department.

### IMPORTANT NOTICE:

Please remember that the cut off time for Canteen orders is **7.30 am** on the day of required orders.

Brown bags will still be accepted throughout the first term but we are encouraging everyone to jump on board and try the Online Ordering System through MSA.

# Primary Menu 2023



## Fresh Fruit and Salads

Piece of Seasonal Fruit <b>G/F V</b>	\$2.00
Watermelon Tub <b>G/F V</b>	\$4.50
Salad Bowl (No Meat) <b>G/F V</b>	\$6.50
Meat and Salad Bowl <b>G/F</b>	\$7.50

## Sandwiches

Vegemite or Jam <b>V</b>	\$2.50
Cheese, Egg or Ham	\$3.50
Ham and Cheese	\$4.00
Ham, Cheese and Tomato	\$4.50
Egg and Lettuce <b>V</b>	\$4.00
Chicken & Cheese	\$4.50
Toasting of Sandwich	\$0.50

*(Sandwiches will be on Wholemeal or White bread unless specified on your order)*

## Wraps

Vegetarian Wrap <b>V</b>	\$5.00
½ Chicken or Ham and Salad Wrap	\$3.00
Chicken or Ham and Salad Wrap	\$6.00

## Treats and Cakes

Assorted Potato Chips (27gm)	\$1.50
Popcorn	\$1.20
Home Baked Cookie	\$1.50
Home Baked Fruit Muffin	\$2.50
Hot Snack Apple Pie	\$3.00
Gingerbread	\$2.50
<b>Snack Box. Cheese, Carrot, Crackers and Dip</b> <b>G/F V</b>	\$5.50

## Hot Food

Chicken Crackles ( 5 ) 70 cents each	\$3.50
Dim Sim & Soy Sauce ( each )	\$1.50
Garlic Bread	\$1.50
Small Pasta Bolognese	\$4.00
½ Hot Dog with Sauce	\$2.00
Hot Dog with Sauce	\$4.00
Chicken burger	\$6.50
Junior Burger	\$5.50
Beef Pie	\$5.00
Lite Mini Beef Pie (each)	\$1.20
Lite Sausage Roll	\$3.50
Mini Ham & Pineapple Pizza	\$3.50
Spinach & Fetta Roll <b>V</b>	\$4.50
Sauce Sachet	\$0.50

## Drinks

250 ml Pop Top Juice 100%	\$2.50
600ml Water	\$2.00
300ml Full Cream Milk	\$2.50
300ml Flavoured Milk	\$3.00
Juice Bomb {various flavours}	\$3.00

## Ice Creams ( LUNCH 2 ONLY )

Zooper Dooper	\$0.50
Jelly \$1.50 Jelly with Custard	\$2.00
Frozen Yoghurt	\$3.00
Lemonade Icy Twist	\$2.00
Vanilla Ice Cream Tub <b>G/F</b>	\$2.00
Mini Calippo	\$1.50
Paddle Pop Ice Cream	\$2.20

### Monday Special

**Mexican  
Beef  
Burrito**

**\$6.50**

### Toastie Tuesday

Ham / Cheese  
Chicken / Cheese  
Cheese/Tomato **V**

**\$4.50**

### Wednesday

**Sushi**

**\$4.50**

**G/F**

### Thursday Special

**BLT Burger**  
Bacon, Lettuce,  
Tomato  
& BBQ sauce  
**\$6.50**

### Friday Special

#### Toasted Wraps

Chili Chicken  
BBQ Pork  
Roast Vegetable

**\$6.50**